



The game of disc golf is played much like regular golf, only with flying discs and standing baskets to catch them. The object of the game of disc golf is to traverse a course from beginning to end in the fewest throws of the disc. The competitor who plays the stipulated round or rounds in the fewest throws plus penalty throws is the winner.

Play on each hole begins at the teeing pad and ends at the target. After the player has thrown from the tee, each successive throw is made from where the previous throw came to rest. On completing a hole, the player proceeds to the teeing area of the next hole, until all holes have been played.

Disc golf courses use a wide variety of terrain. It is one of the best lifetime fitness sports. Disc golf is easy to learn, a healthy activity, and accessible to people of all ages and fitness levels. It can be played all year round, even in the snow! Glow rounds are played during the summer with glow in the dark discs & lighted baskets; flashlights are not permitted during play.

Disc golf courses are normally laid out in and around wooded areas with diverse terrain to provide natural obstacles to the flight of the disc. These natural obstacles are very much a part of the game and must not be altered by a player in any way to decrease the difficulty of a hole. Players must play the course as they find it and play the disc where it lies unless allowed otherwise by these rules.

TEE THROWS - Tee Throws must be completed within the designated concrete tee area. Do not throw until the players in front of you are out of range.

LIE - The spot where the previous throw has landed, mark with a mini disc or turn over the thrown disc, directly towards the hole.

THROWING ORDER - After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

FAIRWAY THROWS - Fairway Throws must be made with the foot closest to the hole on the line. The other foot may be no closer to the hole than the lie. A run-up and a normal follow-through, after release, are allowed.

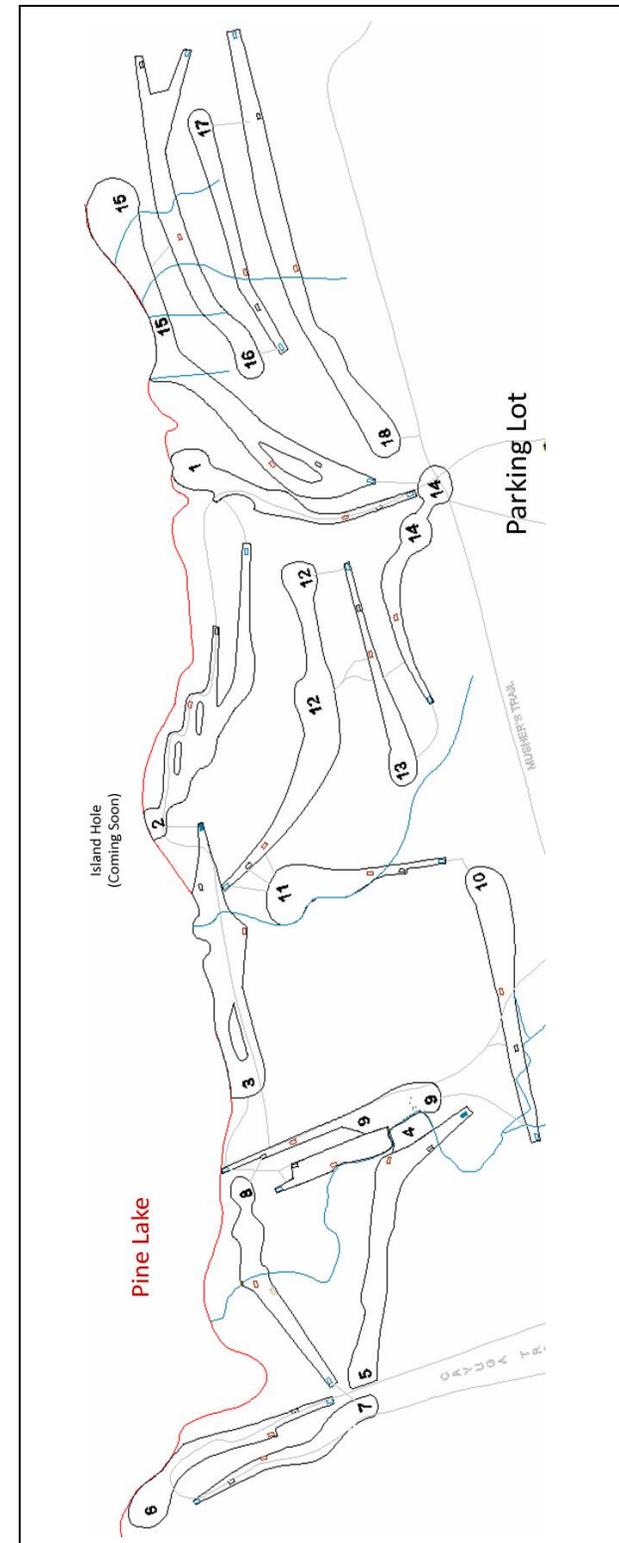
PUTTS - Throws within 10 meters of hole are considered putts. A putt must be made with the foot closest to the hole on the lie, and the other foot can be no closer to the hole. No follow-through beyond the lie is allowed, as the player must display balance until the disc comes to rest.

COMPLETION OF HOLE - A disc that comes to rest in the basket or chain constituted successful completion of that hole. Landing on top of the basket, or hanging on the edge of the basket rim do not count.

UNPLAYABLE LIE - Any disc that comes to rest above the ground is considered an un-playable lie, such as landing in a tree. The disc must be thrown from the lie on the ground, directly underneath the un-playable lie. A disc that lands in the lake will be played from the point the disk entered the lake as an out of bounds throw.

OUT OF BOUNDS (O.B.) - A throw that lands out of bounds, must be played from a 3 feet in bounds from where the disc went out of bounds. Landing on or across parking lots, tennis courts, field hockey courts, or nor across any walking trail, and fence and pavilion are always out of bounds.

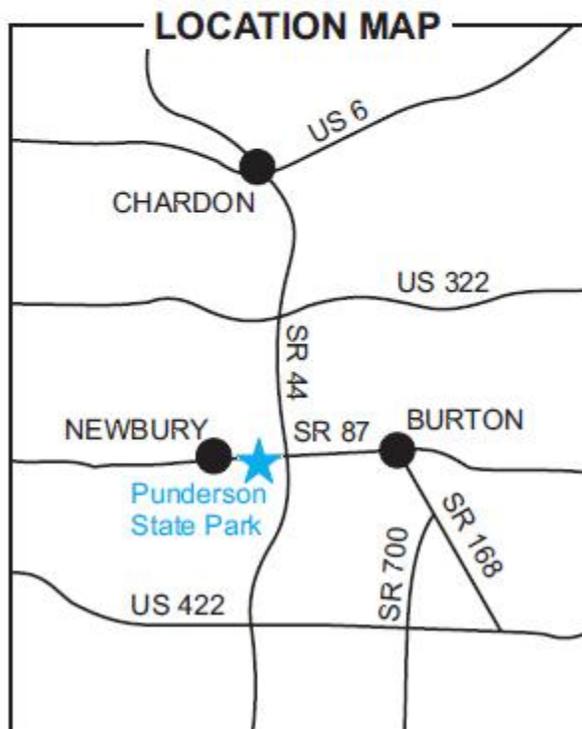
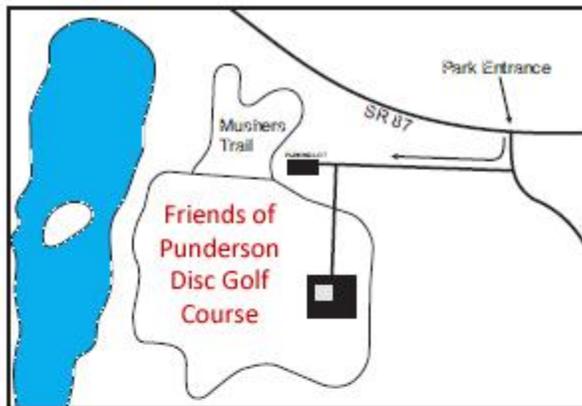
PENALTIES - Recreational players will not be penalized for rule infractions. Other players will keep you honest. Advanced players will be penalized on stroke for an out of bounds throw.



		PUNDERSON DISC GOLF COURSE - PUNDERSON STATE PARK - NEWBURY, OHIO																		SHORT	LONG	OR	RAW	ADJUSTED	TEAM				
		PAR	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	TOTAL	TOTAL	PAR	SCORE	SCORE	SCORE			
DISTANCE	330	261	249	179	302	333	250	264	190	340	170	157	240	517	175	172	270	340	540	245	150	336	433	5068					
PAR	3	3	3	3	4	3	3	3	3	4	3	3	3	4	3	3	3	4	4	3	3	4	57	60					
DISTANCE	420	420	380	202	364	473	353	301	240	390	282	226	301	597	265	232	328	425	625	553	270	581	6288	7030					
PAR	4	4	4	3	4	4	4	3	3	4	4	3	3	5	3	3	4	5	4	4	3	5	65	69					
DISTANCE	460	550	480	272	512	528	428	424	290	440	486	320	370	666	345	282	376	535	735	553	320	724	7879	8619					

COURSE COURTESY

- Remain quiet and avoid unnecessary movements while others are throwing.
- Stand behind the player who is throwing until throw is complete.
- Remove disc from basket after completing the hole.
- Help new players learn the rules.
- Allow faster groups to play through when possible.
- Pick up trash and put in proper receptacles.
- Do not alter the course (trees, bushes, etc.) at all.



DISC GOLF

Punderson State Park

11755 Kinsman Road (State Route 87)

Newbury, OH 44065

The disc golf course is located at the first right immediately after entering the park.

Need discs to play? Come to one of our league events (visit our website or see kiosk at the course for current events), Geauga Pawn (right down the road off of 87 before State Route 44) or JC's Restaurant in Burton.

PLEASE RETURN FOUND DISCS

Find a lost disc? Use the return box by the kiosk and we will attempt to get them to their owner.

This is a common courtesy, don't steal discs!

Want to Learn More, Volunteer or Sponsor us?

www.FriendsofPunderson.com